Canadian Federation of Podiatric Medicine (CFPM)
Southern Caribbean Podiatry Conference
February 15 – 23, 2020

DAILY ITINERARY (Subject to Change)

Day 1 – February 15, 2020 – Fort Lauderdale

4:00 p.m. Departure
8:00 – 8:30 p.m. Welcome – Magic Atrium (Deck 3 - Lobby)

Day 2 – February 16, 2020 – At Sea

Lido Marketplace (Deck 10 – Lido)
8:00 – 9:00 a.m. Breakfast

Round Table Discussion – Ms. Trina Scarrow
- Running and Biomechanics… Training, Injuries and What It Takes!

Play it Again Piano Bar (Deck 5 – Promenade)
9:00 – 10:00 a.m. Malignant Melanoma and the Foot - Dr. Ivan Bristow
10:00 – 10:40 a.m. Introduction to Dermoscopy - Dr. Ivan Bristow
10:40 – 11:40 a.m. Dermoscopy For Podiatrists - Acral Lesions - Dr. Ivan Bristow
11:40 a.m. – 12:10 p.m. Dermoscopy of the Nails and Nail Pigmentation - Dr. Ivan Bristow
12:10 – 1:20 p.m. Dermoscopy of Non-Acral Skin (Legs) - Dr. Ivan Bristow

On port days, delegates are encouraged to explore podiatry on their own

Day 3 – February 17, 2020 – Grand Turk (Arrive 7:00 a.m. / Depart 2:00 p.m.)
Day 4 – February 18, 2020 – La Romana (Arrive 9:00 a.m. / Depart 4:00 p.m.)
Day 5 – February 19, 2020 – Curaçao (Arrive 1:00 p.m. / Depart 11:00 p.m.)
Day 6 – February 20, 2020 – Aruba (Arrive 8:00 a.m. / Depart 4:00 p.m.)

Day 7 – February 21, 2020 – At Sea

Lido Marketplace (Deck 10 – Lido)
8:00 – 9:00 a.m. Breakfast

Round Table Discussion – Dr. Helen Rees
- The Influence and Role of Podiatry in the Caribbean Health System
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Play it Again Piano Bar (Deck 5 – Promenade)

9:00 – 9:40 a.m.  Feet First: Classifying Sitting, Standing and Walking Using Only Plantar Force Data - Dr. Michael Ryan

9:40 a.m. – 1:00 p.m.  Are You Confident About Providing Foot Orthotics For Your Patients – Mr. Peter Guy

Class decides on topics from:
- The podiatric significance of the Tissue Stress Theory
- How foot orthotics work
- Inside the orthotic lab bottlenecks and casting errors
- The orthotic modification matrix
- Physical examination of the foot and lower extremity
- Muscle strengthening and stretching exercises
- Orthotic prescription tips

Day 8 – February 22, 2020 – At Sea

Lido Marketplace (Deck 10 – Lido)

8:00 – 9:00 a.m.  Breakfast

Round Table Discussion – Dr. Brian Johnson
- Global Podiatry Updates

Play it Again Piano Bar (Deck 5 – Promenade)

9:00 – 9:40 a.m.  Canadian Podiatry – Past, Present & Future - Dr. Brian Johnson

9:40 – 10:40 a.m.  Foot Orthotics and/or Load Management for Overuse Injury – Dr. Craig Payne

10:40 – 11:10 a.m.  The Diabetic Foot – Dr. Helen Rees

11:10 – 11:40 a.m.  Interesting Podiatric Radiology Case Studies – Mr. Craig Hunt

11:40 a.m. – 12:10 p.m.  Fibrodysplasia Ossificans Progressiva: A Brief Outline of This Rare Disease and The Role of the Podiatrist in its Management - Mr. Dave Simard

Lido Marketplace (Deck 10 – Lido)

12:10 – 1:10 p.m.  Lunch

RedFrog Rum Bar (Deck 10 – Lido)

1:10 – 2:30 p.m.  Open Round Table Discussion - Bring your topics: clinical, administrative, and closing remarks! Finger food & refreshments provided

Day 9 – February 23, 2020 – Fort Lauderdale

8:00 a.m.  Arrival